



www.nursenavigators4integrativehealing.org

Registration form: Mindfulness Based Self Care (MBSC)©

Eight Group Sessions -- \$95

Tuesdays 6 - 7:30 PM

(Sept 8, 15, 22, 29, Oct 6, 13, 20, 27)

Physicians Care - 805 Montague Avenue

Name: _____ Address: _____

Phone: _____ E-mail: _____

Payment Options: \$95 (includes instruction, materials, and light snack)

I am enclosing a check for \$ _____ payable to: NURSE NAVIGATORS, LLC

Please charge my: VISA_____ Master Card_____ American Express_____

Card # _____ Exp. Date _____ 3-4 digit sec. code _____

Mail this form with your check or credit card information to:

barbara@nursenavigators4integrativehealing.org

Or to: Nurse Navigators, LLC
754 Eagles Harbor Drive
Hodges, SC 29653

Questions? Call **Barbara Warner at 678-427-1404**